

# MOTHER BABY/ POST PARTUM/ NURSERY SKILLS CHECKLIST

NAME: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

**1 – Highly skilled** (can function well independently, strong experience)

**2 – Proficient** (experienced, may need occasional review/assistance)    **3 – Limited Skill** (limited to no experience)

## POST PARTUM INTERVENTION

Skills (check appropriate box)	1	2	3
Bladder Distention			
Breast Engorgement			
DVT (Deep Vein Thrombosis)			
Episiotomy			
Fluid Balance			
Fundal Height			
GI Function Post Anesthesia			
Lochia Amount			
Maternal Vital Signs			
Parenteral/Infant Interaction			
Perineum			
• Hematoma			
• Hemorrhoids			
Check Urine For			
• Glucose			
• Ketones			
• Protein			
• Specific Gravity			
Adult CPR			
Contraceptive Counseling			
Discharge Teaching			
Foster Parental-Infant Interaction			
Insert Catheter			
• Epidural			
• General			
• Local			
• Spinal			
Post Cesarean Care			
Care of Patients With			
• Multiple births			
• Post tubal ligation			
• Pregnancy induced hypertension			
• Pregnancy induced preeclampsia			
• Spontaneous vaginal delivery			

## PHLEBOTOMY/IV THERAPY

Skills (check appropriate box)	1	2	3
Administration Blood/Blood Products			
• Packed red blood cells			
• Plasma/albumin			
• Whole blood			
Drawing Blood from Central Line			
Drawing Venous Blood			
Starting IV			
• Angiocath			
• Butterfly			
• Heparin lock			
Care of Patient With			
• Central line/catheter/dressing			
• Peripheral line/dressing			

## NORMAL NEONATAL CARE

Skills (check appropriate box)	1	2	3
Assessment			
• Ballard scale			
• Circumference			
• Dubowitz scale			
• Length			
• Neonatal jaundice			
• Reflexes			
• Vital signs			
• Weight			
Breastfeeding/parent education			
• Latch-on procedure			
• Positioning			
• Use of electric breast pump			
• Use of manual breast pump			
Formula Preparation & Feeding			
Infant Care Restraint Systems			
Infant Caretaking Skills			
Perineal Care			

## NORMAL NEONATAL CARE (CONT.)

Skills (check appropriate box)	1	2	3
Sitz Bath			
Administer Medications			
• Antibiotics			
• Diluted Oxytocin Infusion			
• IM administration			
• Rhogam administration/teaching			
• SC medications, narcotics			
Care of Patients With			
• Asthma			
• Cardiac disease			
• Cesarean section			
• Diabetes mellitus			
• Infectious disease			
• Known substance abuse			
Administer Injections to Neonate			
Assist with Circumcision			
• Assess site post op			
• Teach circumcision care			
Bathe Infant			
Culture Suspect Infectious Neonate			
Discharge Procedure			
Incubator/Isolettes			
Infant Identification			
Monitor Bladder & Bowel Patterns			
• Obtain urine specimen – bag			
• Test stool – blood, reducing subs			
Neonate CPR			
Phototherapy			
Thermo-neutral Environment			

## PAIN MANAGEMENT

Skills (check appropriate box)	1	2	3
Assessment of Pain Level			
Care of Patient With:			
• Epidural Anesthesia			
• IV conscious sedation			
• Patient controlled analgesia			